

the eyes have it

Dr. Soheila Rostami has an eye for beauty. The Virginia oculoplastic surgeon limits her practice to those procedures relating to the eyes and surrounding facial structures, with emphasis on upper and lower eyelids and corresponding features. "Because my field is so specialized, I am able to offer patients a focused, tailored approach to beauty," says Dr. Rostami.

BOARD CERTIFICATION

American Board of Ophthalmology

MEDICAL DEGREE

Howard University

INTERNSHIP

Washington Hospital Center

RESIDENCY

Howard University

FELLOWSHIP

University of Maryland

AFFILIATIONS

Fellow, American Academy of Ophthalmology
Women in Ophthalmology

PROCEDURES PERFORMED

Blepharoplasty-Upper and Lower
Eyebrow Lifts
Abnormalities of the Eyelids,
including Ptosis Repair

LOCATION

Reston, Virginia
571.203.1300

WEB SITE

www.beauty4eye.com

While many of the cases she sees are cosmetic in nature, Dr. Rostami says her background in reconstructive procedures helped hone her skills significantly. "When I perform eyelid evaluations, I am extremely thorough," she explains. "I'm looking at the eye from both a functional and aesthetic perspective; I want to make sure all issues are addressed. I think it's important to be as meticulous and comprehensive as possible. It helps yield a more individualistic, natural outcome." Respected for her surgical know-how and gentle bedside manner, Dr. Rostami always modifies treatment plans to address patients' specific needs, whether she's repositioning an eyebrow or erasing a wrinkle.

Conservative by nature, Dr. Rostami encourages her patients to pursue noninvasive treatments whenever possible, but at the end of the day, surgery is her passion. "I've wanted to be a surgeon since the age of seven," she recalls, noting that she gravitated toward ophthalmology in medical school, a specialty she absolutely loves. "I tell people that if the eyes are the windows to the soul, the frames around the windows should be as beautiful as possible. Oculoplastic surgery allows me to create more beautiful frames so that people's eyes better reflect who they really are on the inside."

"My goal is to help patients look refreshed and natural, not overdone."

—SOHEILA ROSTAMI, MD, FFAO

DR. SOHEILA ROSTAMI

OPERATING ROOM STYLE Calm and positive
FAVORITE PART OF YOUR JOB Performing surgery, especially eyelid surgery
WHAT ONE WORD BEST DESCRIBES YOUR BEDSIDE MANNER Caring
HOBBIES Scuba diving, biking with my husband and spending time with my children
PRO BONO WORK I've gone to Iran and performed procedures for indigent patients and treated Palestinian refugees in Lebanon
I START EACH DAY Getting my kids ready for school
FRAMED PHOTOS ON YOUR DESK My children



COMPLETE REJUVENATION



BEFORE



AFTER



BEFORE



AFTER

*Droopy lids; tired, heavy eyes; impaired vision and a weary, fatigued appearance in the eye area prompted this 56-year-old to seek treatment from Dr. Rostami. An **UPPER BLEPHAROPLASTY SURGERY** was performed, along with an **INTERNAL BROWPEXY THROUGH THE SAME INCISION**, to not only revive a more attractive appearance in the upper eyelid region, but to also reduce irritation and the discomfort previously associated with her symptoms.*

*"This 58-year-old patient previously looked tired all of the time, even when she wasn't," explains Dr. Rostami, who performed both **UPPER AND LOWER BLEPHAROPLASTIES**, along with an **EYEBROW AND FOREHEAD LIFT** to help make her look more alert. "Her entire upper facial region was starting to look heavy," says Dr. Rostami. "My goal for this patient was to open her eyes, thereby improving her vision, enhancing the slope of her eyebrows and restoring vitality in the forehead region."*